

# breakfast.

## MAINS

|   |    |
|---|----|
| Toasted sourdough and spreads v   | 6  |
| Fruit toast with vanilla butter v   | 9  |
| Banana bread with ricotta, honey and cinnamon v GF  | 11 |
| Croissant served warm with organic berry jam v<br>(Ham and cheese croissant, add \$3)   | 8  |
| House baked granola, selected seeds and nuts roasted with<br>honey and topped with lavender yoghurt, fresh berries and banana v | 14 |
| Bacon and egg burger, sunny side up egg with tomato chutney,<br>aioli and fresh spinach   | 14 |
| Eggs your way with sourdough  | 12 |
| Bacon and eggs your way with sourdough  | 16 |
| Smashed avocado, sourdough, crumbled feta, semi-dried tomatoes,<br>pomegranate, black sesame and watercress v                   | 18 |
| Sautéed Mt Cotton mushrooms, green pea puree and<br>parmesan shards on sourdough v  | 18 |
| Hash cake benedict: poached eggs, potato rosti, pulled pork,<br>spinach, hollandaise sauce and crackling soil GF OPTION         | 23 |
| Canadian waffles, bacon, banana and maple syrup   | 18 |
| The Bistro: chorizo sausage, bacon, eggs your way, slow roasted tomatoes,<br>hash browns and spinach                            | 24 |

## EXTRAS

|  |   |
|--|---|
| Eggs your way (1)  | 4 |
| Avocado and lemon / bacon / mushrooms /<br>chorizo / spinach / hash browns / haloumi | 5 |
| Hollandaise sauce / grilled tomato   | 4 |

## KIDS

|  |    |
|--|----|
| Bacon and egg with sourdough                   | 12 |
| Avocado toast v                                | 10 |
| Pancake with vanilla ice cream and maple syrup | 10 |
| Hash browns and tomato sauce GF V              | 10 |

## COFFEE

|   |     |     |
|---|-----|-----|
| Flat white  | 3.7 | 4.7 |
| Cappuccino  | 3.7 | 4.7 |
| Latte   | 3.7 | 4.7 |
| Chai latte  | 3.7 | 4.7 |
| Long black  | 3.5 | 4.5 |
| Mocha   | 4.2 | 5.2 |
| Hot chocolate                                     | 3.7 | 4.7 |
| T2 Tea  |     | 3.5 |
| Short black                                       |     | 3.5 |
| Short macchiato                                   |     | 3.7 |
| Long macchiato                                    |     | 3.7 |
| Piccolo   |     | 3.7 |
| Iced latte  |     | 5   |
| Iced coffee                                       |     | 5   |
| Iced long black                                   |     | 5   |
| Add coffee flavours: caramel / vanilla / hazelnut |     | 1   |
| Lactose free milk / almond milk / soy milk        |     | 1   |

## SMOOTHIES

|   |     |
|---|-----|
| Kale Kick: Mango, spinach, kale, apple juice                          | 8.5 |
| Blueberry Thrill: Raspberry, blueberry, banana, flaxseed, apple juice | 8.5 |
| Big 5: Strawberry, mango, pineapple, kiwi, apple juice                | 8.5 |

## COLD PRESS JUICE

|  |     |
|--|-----|
| Valencia orange                                  | 6.5 |
| Beetroot, green apple, cucumber, ginger and lime | 6.5 |
| Watermelon, apple, strawberry and lime           | 6.5 |

## COLD DRINKS

|  |     |
|--|-----|
| Milkshake<br>vanilla / strawberry / chocolate / caramel      | 6   |
| Frappé<br>chocolate / mocha / coffee                         | 7   |
| Fuze iced tea<br>peach / lemon / mango                       | 5.5 |
| Juice by the glass<br>orange / apple / pineapple / cranberry | 5   |
| Pop Tops<br>orange, apple, apple & blackcurrant              | 3.5 |
| Mount Franklin water (600ml)                                 | 3.5 |
| Mount Franklin Lightly Sparkling water (750ml)               | 9   |
| Coke   | 4   |
| Coke No Sugar  | 4   |
| Sprite   | 4   |
| Lift   | 4   |
| Raspberry  | 4   |
| Soda water   | 3   |
| Fanta (600ml)  | 5   |
| Lemon lime & bitters   | 4.5 |
| Red Bull   | 6   |
| Buderim Ginger Beer can (250ml)                              | 4.5 |
| Virgin Mary  | 6.9 |
| Bloody Mary  | 14  |
| Champagne & orange juice                                     | 8   |